

# FACET INJECTION

## (Cervical, Thoracic and Lumbar)

### What is a Facet joint injection?

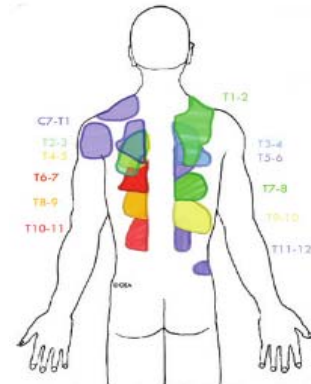
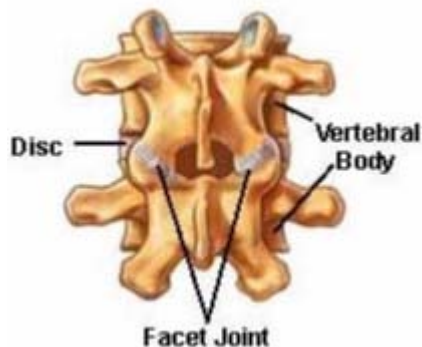
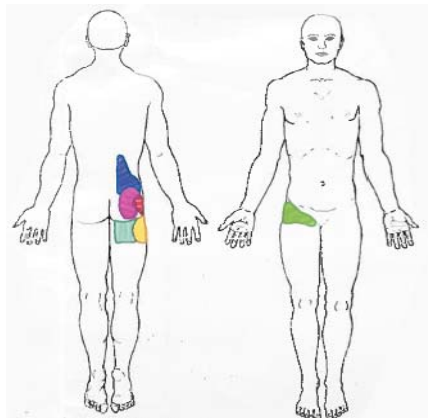
Facet injections are placed directly into the facet joint. This type of injection is used as a diagnostic tool and for pain relief. Corticosteroids are injected to reduce the swelling of the tissue in and around the Facet joint space.

### What are Facets joints?

Facet joints stabilize your spine when you move and bend, and are located between each vertebra.

### Where do you experience Facet joint pain?

Facet pain can be felt in different areas depending on which facet joint is irritated or inflamed. (See diagrams below).



### What is injected?

Corticosteroids are a strong anti-inflammatory medication.

### How is it injected?

These injections are performed outpatient, using fluoroscopy (X-ray) to guide the needle to the Facet joint. Facet injections are given to help with your pain and are not always intended as a cure for the underlying condition.

\*Your injection **day** will be scheduled with by Agape Pain Management and Lifestyle Center. The **time** for the injection is set up by Las Cruces Surgical Center and you will be called the day before your injection by Las Cruces Surgical Center and notified of the time for your injection. The nurses at Las Cruces Surgical Center will call you to go over your medical history and pre-procedure instructions prior to your injection. Please arrive for your injection at the time specified by Las Cruces Surgical Center. Your follow up after your injection will be scheduled by Agape Pain Management and Lifestyle Center four weeks after your injection.